

COMMUNITY AGING RESOURCE EVENT

Wednesday
June 24, 2026
2 – 5 pm

At The **Alexander Estate**
2120 Santa Barbara St.
Santa Barbara

Join us in celebration of wellness and happiness as we age.

Enjoy inspiring conversations, practical wellness tips, light refreshments, and life-enhancing presentations with special guest speakers:

Leslie Sokol

Fitness for the Young at Heart

Krista Vorse

Living in the Infinity Loop

A Free Event Brought to you by:



All About Seniors
Real Estate



Leslie Sokol's
ADULT DANCE AND FITNESS PROGRAM
FOR THE YOUNG AT HEART



Santa Barbara
Senior Living
CONSULTANTS
A Free Referral & Placement Age



Villa Blanca

