

The Alexander Properties

August 2025, Community Connection



Help Villa Alamar Memory Keepers keep the momentum going in your community!

Villa Alamar Memory Keepers is fundraising for the Alzheimer's Association Walk to End Alzheimer's®, the world's largest fundraiser to fight the disease.

Donate to support Villa Alamar Memory Keepers.

Scan the QR code and make an online donation today. All money raised through Walk to End Alzheimer's® benefits the care, support and research efforts of the Alzheimer's Association.



2025 Walk to End Alzheimer's - Santa Barbara, CA
Santa Barbara, CA
November 15, 2025

Join us at alz.org/walk

For 24/7 Alzheimer's care and support, call 800.272.3900.



A Note from Mitch *Walking Together for a Cause*

Dear Residents, Families,



and Friends,

As summer winds down, I want to share something close to our hearts at The Alexander Properties. This September, we're proud to participate in the Walk to End Alzheimer's.

At Villa Alamar Memory Care, we see daily the strength of those living with memory loss and the dedication of their caregivers.

Join us in walking, or donate to show your support. Together, we can raise awareness, fuel research, and honor the people we love and care for.

Let's make this year's walk our most meaningful yet. Thank you for being a part of the Villa Alamar Memory Keepers family.

Warmly,
Mitch Leichter
Executive Director / Partner
The Alexander Properties

Ahead of Dementia

Luciana Mitzkun, Community Service Director,
Memory Expert

Last month, our educational in-service session about Dementia was lead by Luciana Mitzkun, Villa Alamar's Community Service Director.

She is a Licensed RCFE Administrator and memory care specialist, with 30 years of experience in assisting families regarding loved one with Alzheimer's disease.

Formerly, a Care Consultant for the Alzheimer's Association, Luciana brings extensive knowledge in care-planning and working in collaboration with families, community leaders, and diverse supportive organizations.



Her work is also available in Spanish, [Un Paso Adelante de la Demencia](#), on her [YouTube Channel](#), dedicated to memory caregivers, and on [Substack](#).

Her books, Ahead of Dementia and Ahead of Memory Loss, are popular resources bringing valuable information and strategies to residents and caregivers affected with memory-related conditions.

Thank you, Luciana, for your dedication and expertise!

If you have questions about Dementia, please call, 805-682-8256, ask for Luciana.

Highlights from a Month of Summer Fun



Resident Celebrations 4th of July & Fiesta Parties





Enjoy Our August Activities

We welcome all families, friends & guests to participate in our activities

Villa Alamar

Alexander
Gardens

Santa Barbara Community Partner Spotlight

This month, we interviewed Rachel Quitter and Nancy Newquist-Nolan.

Rachel's passion stems from early experiences performing at senior communities and caring for her great-grandmother.

Nancy entered the real estate industry over 20 years ago, encouraged by her architect husband and with a background in estate liquidation.



They met through a mutual connection and quickly formed a dynamic, balanced team. Their work goes beyond buying and selling homes. They offer a full-service experience, including property management and coordination with a trusted network of vendors.

Outside of work, Rachel and Nancy are deeply involved in their families and communities, including volunteer work and advocacy. Together, they offer expertise, compassion, and unwavering dedication to helping seniors and their families during life transitions.

Their partnership with organizations like The Alexander Properties enhances their ability to serve the senior community more holistically.

**Full
Interview**

Senior Real Estate Expert

Your SB Real Estate Team, Keller Williams LUXURY Santa Barbara
(805) 637.8932 | www.YourSBTeam.com | DRE# 02168517

Santa Barbara Community Events
Mark Your Calendar
Something Special is Coming

“Art with Grace”

**A Fundraiser Supporting
Grace Fisher Foundation’s
All-inclusive Arts Clubhouse.**

- September 18, 4-7 pm
- \$50 p/p
- Hors d’oeuvres, beer, and wine will be served.
- At The Alexander Estate
2120 Santa Barbara Street
- Contact Rachel Quittner for more information.

805-637-8932



Sea Glass Festival Celebrating
10 years of Coastal Creativity



Santa Barbara
**SEA GLASS & OCEAN ARTS
FESTIVAL**

September 13 & 14, 2025

Saturday 10am - 5pm & Sunday 10am - 4pm
Early Bird is Saturday from 9am-10am

General Admission Tickets Available Online and at the Door

Santa Barbara Elks Lodge

150 N. Kellogg Ave • Santa Barbara, CA

We sat down with members of the festival committee to learn what makes this event so special.

Here's what they had to say:

Q: What makes sea glass so special, and why do people love it?

A: Sea glass is like nature's jewelry. Each piece is unique, and collecting it feels like a treasure; there's a sense of mystery in every piece. In Santa Barbara, the most common colors found are white, green, brown, and aqua. But if you spot a piece of red, orange, or cobalt blue, you'll feel very lucky!

Q: How has the festival changed over the last 10 years?

A: The first festival began in Carpinteria in 2015 with just over 20 artists. Today, it's grown to more than 50 participating artists and vendors. Over the years, the festival has expanded to include expert-led lectures, hands-on sea glass workshops, and the popular Sunday Treasure Contest, where attendees display their most remarkable finds.

Q: What makes the Santa Barbara festival different from others in Santa Cruz or Washington?

A: Santa Barbara's festival has a distinct local feel. The connection to our coastline runs deep, and the community is passionate about protecting the ocean while celebrating its natural beauty. Many guests return year after year to share their stories, discoveries, and love for the sea.

Q: What's one of the most memorable moments from past festivals?

A: One unforgettable highlight is always the Treasure Contest on Sunday. Collectors bring their rarest and most beautiful pieces to be judged and admired. It's a joyful, community-driven event where stories are swapped and sea glass dreams are shared.

Q: Why did the festival become a non-profit organization?

A: Becoming a non-profit allowed the festival to expand its mission: to support marine conservation, local artists, and educational outreach. Proceeds now benefit community programs and help keep the spirit of the festival sustainable for years to come.

[Learn
More](#)

**Explore our beautiful community, meet our
dedicated team, and learn more about life at
Alexander Gardens Assisted Living, Villa Alamar
Memory Care and The Alexander Estate.
We'd love to welcome you.**

☐ 2120 Santa Barbara Street, Santa Barbara, CA 93105

☐ 805-682-9644

☐ Tours available

☐ [The Alexander Properties](#)

*The
Alexander Properties*



[Villa Alamar
Memory Care](#)

45 E. Alamar Ave.
Santa Barbara, CA.
93105
805-682-9345
Lic: 425850001



[Alexander
Gardens Assisted
Living](#)

2120 Santa Barbara St.,
Santa Barbara, CA.
93105
805-682-9644
Lic: 425801995



[The Alexander
Estate](#)

2120 Santa Barbara
Street Santa Barbara,
CA. 93105
805-682-9345
Ask for Diane

Villa Alamar | 45 East Alamar Ave. | Santa Barbara, CA 93105 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!