

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AF	PRII	20	23		9:30 Exercise 10:30 Flower Arranging 11:30 Beachball Toss 1:30 Frog Coloring 3:00 Movie Matinee
10:00 Virtual Exercise 11:30 Word Scramble 1:30 Reading & Music Relaxation 3:00 Movie Matinee	10:00 Exercise Time 3 11:00 Coloring Relaxation 1:30 Reading Relaxation 2:00 King in the Corner 3:30 Exercise Time	10:00 Exercise 4 10:45 Bingo 1:30 Today in History 2:00 UNO Game 3:30 Stretch & Be Fit 4:10 History Trivia	10:00 Exercise 10:30 Bee Watercolor Fun 11:30 Music Relaxation 1:30 King the Corner 3:30 Stretch & Be Fit	Pajama Day 6 10:00 Exercise 10:45 Bingo 1:30 Poppy Flower Coloring 2:30 Share A Bedtime Story 3:30 Stretch & Be Fit		9:30 Exercise 8 10:30 Flower Arranging 11:00 Karaoke Fun 1:30 Trivia Time 2:00 Exercise Time 3:00 Movie Matinee
Happy Easter 9:30 Exercise 10:30 Egg Coloring 11:30 Share an Easter Memory 1:30 Pin the Carrot Game 3:00 Movie Matinee	10:00 Exercise Time 10:30 Word Search 11:00 Karaoke Fun 1:30 Share A Sibling Photo 2:00 Math Worksheet 3:30 Stretch & Be Fit 4:10 Trivia Time	10:00 Exercise 11 10:30 Bingo 1:30 Share A Story 2:30 UNO Game 3:30 Stretch & Be Fit 4:10 I Spy Game	9:30 Exercise 12 10:30 Music w/ Rod 1:30 Painting Relaxation 2:30 Easter Egg Hunt 3:30 Zumba Fun 4:10 Nail Art Fun	2 9:30 Exercise 13 10:10 Bingo 11:10 Blackjack Time 1:30 Scrabble Fun 3:30 Stretch & Be Fit 4:15 Thomas Jefferson Talk	10:00 Tell A Joke 1:30 AG Store 2:00 Cycling w/ Dan 2:15 Happy Hour Fun	9:30 Exercise 15 10:30 Flower Arranging 11:00 Share A Wedding Photo 1:30 Word Search 2:00 Exercise Time 3:00 Movie Matinee
9:30 Exercise 16:30 Selena Talk 11:00 UNO Game 1:30 Beachball Toss 2:00 Exercise 3:00 Movie Matinee	9:30 Exercise 17 10:00 Word Scramble 11:00 National Geographic 1:30 Circus History Talk 2:30 Elephant Watercolor 3:30 Exercise	11:00 Blackjack w/ Lala 1:30 Charade Game 2:30 Piñata Day	9:30 Exercise 10:00 Word Scramble 11:00 Today in History 1:30 Cat Painting 3:30 Stretch & Be Fit 4:10 Walking Club	9:30 Exercise 20 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Chinese Language Day 2:30 Flower Painting 3:30 Stretch & Be Fit 4:10 Charade Game	9:30 Exercise 21 10:00 Karaoke Fun 11:00 Resident Council / 2:00 Cycling w/ Dan 2:15 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 ASL Learning	9:30 Exercise 22 10:30 Flower Arranging 11:00 Jenga Game 1:30 Checkers Game 2:00 Exercise Time 3:00 Movie Matinee
9:30 Exercise 23 10:00 Today in History 11:30 Guess the Movie 1:30 Teatime Fun 2:30 Resident Interview 3:00 Movie Matinee	9:30 Exercise 24 10:00 Today in History 11:00 National Geographic 1:30 Charade Game 2:30 Exercise Time	9:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Penguin Day 2:00 Music w/ Carole 3:30 Stretch & Be Fit 4:10 Flower Stick Craft	9:30 Exercise 10:00 Horse Painting 11:00 Karaoke Fun 1:30 Scrapbook Fun 3:30 Stretch & Be Fit 4:10 Bookmark Craft	9:30 Exercise 27 10:10 Bingo 11:00 Blackjack w/ Lala 2:30 Art w/ Tonya 3:30 Stretch & Be Fit 4:10 Babe Ruth Talk	9:30 Exercise 28 10:00 ASL Learning 1:30 AG Store 2:00 Cycling w/ Dan 2:15 Spanish Learning 3:30 Stretch & Be Fit 4:10 Reading Relaxation	9:30 Exercise 29 10:30 Flower Arranging 11:00 UNO Game 1:30 Loteria Game 2:00 Exercise Time 3:00 Movie Matinee

9:30 Exercise 30 10:00 Music Relaxation 11:00 Painting Fun 1:30 Connect Four 2:00 Exercise 3:00 Movie Matinee

Alexander Gardens Assisted Living 2120 Santa Barbara St. Santa Barbara CA 93105 *Activities are subject to change*