

## **総総 June 2022 総総**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Reminder: Snack & Drink are available each day in living room*  Alexander Gardens Assisted Living, 2120 Santa Barbara St. Santa Barbara CA 93105  *Activities are subject to change*			9:30 Exercise 1 10:00 Tea & Memory Talk 11:30 Letter Making 1:30 Jenga Game Fun 2:30 Walking Club 3:30 Exercise & Stretch 4:10 Today in History	10:10 Bingo 11:10 Blackjack Time 1:30 Poetry Writing 2:30 Show & Tell 3:30 Stretch & Be Fit 4:10 Music Trivia	9:30 Exercise 10:10 Mystery Drawing 11:10 '1950's Trivia' 1:30 AG Store 2:00 Cycling w/ Dan 2:30 Happy Hour 3:30 Stretch & Be Fit	9:30 Exercise 4 10:10 Music Relaxation 11:00 Flower Arranging 1:00 UNO Game 2:00 Scrabble Fun 3:00 King in the Corner 4:15 Reading Time
9:30 Exercise 5 10:10 Origami Craft 11:00 Art Lesson w/ Melody 1:30 Guess the Celebrity 2:30 Memory Tile Game 3:30 Stretch & Be Fit	9:30 Exercise 10:00 Finish the Story 11:00 D- Day Video 1:30 Plant A Flower 2:15 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 Sandcastle Fun	9:30 Exercise 7 10:10 Bingo 11:10 Blackjack w/Lala 1:30 Crossword Puzzle 2:30 Book Club 3:30 Stretch & Be Fit 4:10 Guess the Author	9:30 Exercise 8 10:10 Today in History 11:10 Flower Stamp Art 1:30 World Ocean Day 2:30 Picnic Time 3:30 Stretch & Be Fit 4:10 Name 3 Things	9:30 Exercise 10:10 Bingo 11:10 Blackjack Time 1:30 National Donald Duck Day Craft 2:30 Beachball Toss 3:30 Stretch & Be Fit	9:30 Exercise 10 10:00 Today in History 11:00 Spain Talk 2:00 Cycling w/ Dan 2:30 King in the Corner 3:30 Stretch & Be Fit 4:00 Earring Making	9:30 Exercise 11 10:00 Flower Arranging 11:00 Cottage Painting 1:30 Vocal Warmups 1:45 Karaoke Time 3:30 Stretch & Be Fit 4:10 Decorate A Photo
9:30 Exercise 12 10:00 National Red Rose Day 11:00 Raggedy Ann Paintin 1:30 Cooking Club 2:30 Movie Jeopardy 3:30 Stretch & Be Fit	1:30 Yo-Yo Day	10:10 Name 3 Things 11:00 Music w/ Rod 1:30 Movie Trivia 2:00 Book Club w/ Mary 3:30 Stretch & Be Fit	9:30 Exercise 15 10:00 Share A Photo 11:00 Word Scramble 1:30 Walking Club 2:00 Nature Photography 3:30 Stretch & Be Fit 4:10 Charade Game	10:10 Bingo	9:30 Exercise 17 10:10 Italian Learning 11:00 Resident Council 1:30 AG Store 2:00 Cycling w/ Dan 3:30 Stretch & Be Fit 4:10 Karaoke Fun	9:30 Exercise 18 10:10 Flower Arranging 11:00 Lotion Making 1:30 Resident Interview 2:30 Coloring Relaxation 3:30 Stretch & Be Fit 4:10 Jeopardy Fun
Father's Day 19 10:00 Show & Tell 11:00 Garfield Drawing 1:30 King in the Corner 2:00 Father's Day Happy Hour 3:00 Movie Matinee	10:00 Today in History 11:00 Nat King Cole Video 1:30 Cooking Club 2:30 Nail Art Fun 3:30 Stretch N' Be Fit 4:10 Seashell Painting	10:10 Bingo 11:00 Blackjack w/ Lala 1:30 World Day of Music 2:30 Campfire Sing Along 3:30 Stretch & Be Fit 4:10 History Trivia	9:30 Exercise 22 10:00 Quick Draw! Game 11:00 Bracelet Making 1:30 Cooking Club 2:00 Hawaiian Day Party 3:30 Stretch & Be Fit 4:10 Jeopardy Fun	Pink Day	9:30 Exercise 24 10:10 Today In History 11:00 Staff Interview 1:30 UNO Game 2:00 Cycling w/ Dan 2:30 Book Club 3:30 Stretch & Be Fit 4:10 Fish Painting	9:30 Exercise 25 10:00 Flower Arranging 11:00 Music Relaxation 1:30 'The Beatles Day' 2:30 Beatles Scrabble 3:30 Rock & Roll Fitness 4:10 Jenga Game
9:30 Exercise 26 10:00 Chess & Checkers 11:00 Spin the Wheel 1:30 Snakes & Ladders Game 2:30 Meditation Time 3:30 Exercise & Be Fit	9:30 Exercise 27 10:00 King in the Corner 11:00 Our Planet Video 1:30 Helen Keller Talk 2:30 National Bingo Day 3:30 Stretch & Be Fit 4:10 'Who Said That?'	9:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Alaska Talk 2:30 Happy Hour 3:30 Disco Chair Exercise 4:10 Guess the Painter	9:30 Exercise 29 10:00 Share A Memory 11:00 Finish the Story 1:30 Scrabble Fun 2:30 Letter Making Craft 3:30 Stretch & Be Fit 4:10 Popcorn Reading Fun	9:30 Exercise 30 10:00 Broadway Trivia 11:00 Karaoke Time 1:30 Broadway Party 3:30 Stretch & Be Fit 4:10 Walking Club		