



April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Exercise 10:10 King in the Corner 11:10 Scrabble 1:00 Share A Children's Story 2:00 PB & J Cooking Club 3:30 Stretch & Be Fit	9:30 Exercise 10:10 Mexican Bingo 11:00 Flower Arranging 1:00 Beachball Toss 2:00 Tea Party Fun 3:30 Stretch & Be Fit 4:15 King in the Corner
9:30 Exercise 10:00 Bingo Fun 11:00 Go Fish! Game 1:00 Word Search Fun 2:00 Rainbow Painting 3:30 Stretch & Be Fit 4:10 Necklace Making	9:30 Exercise 10:00 Who Said That? 11:00 Rita Moreno Documentary 1:30 UNO Game 2:15 Stamp Art 3:30 Stretch & Be Fit	9:30 Exercise 10:10 Bingo 11:10 Blackjack w/Lala 1:30 Maze Fun 2:00 Music w/ Rod 3:30 Stretch & Be Fit 4:10 Charade Game	9:30 Exercise 10:10 California Poppy Day 11:10 UNO Game 1:00 Chess & Checkers 2:00 Walking Club Day 3:30 Stretch & Be Fit	9:30 Exercise 10:10 Bingo 11:10 Blackjack Time 1:00 Watercolor Fun 2:00 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 Short Story Reading	9:30 Exercise 10:00 ASL Learning Fun 11:00 Bird Painting 1:00 AG Store 2:00 Cycling w/ Dan 2:30 Charade Game 3:30 Stretch & Be Fit	9:30 Exercise 10:00 SB Zoo Reading 11:00 Flower Arranging 1:00 Zebra Painting 2:30 Karaoke Fun 3:30 Stretch & Be Fit 4:10 Guess Who? Game
9:30 Exercise 10:00 Bunny Painting 11:00 Memory Tile Game 1:30 Connect Four 2:30 Tea Party Time 3:30 Stretch & Be Fit 4:10 Share A Photo	9:30 Exercise 10:00 Today in History 11:00 Barbershop Quartet Day Video 1:30 Share A Pet Photo 2:00 Singing Club 3:30 Stretch & Be Fit	9:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Galaxy Painting 2:30 Picnic Fun 3:30 Stretch & Be Fit 4:10 Guess the Song	9:30 Exercise 10:00 Scrabble 11:30 Read & Relax 1:30 Karaoke Fun 2:00 Plant A Flower 3:30 Stretch & Be Fit 4:10 Make A Card	9:30 Exercise 10:10 Bingo 11:10 Blackjack Time 1:00 SB History Reading 2:00 Tell A Joke 3:30 Stretch & Be Fit 4:10 Coloring Relaxation	9:30 Exercise 10:10 Name the Price 11:00 Resident Council 1:00 Connect Four Game 2:00 Cycling w/ Dan 2:30 Nail Art: Egg Décor 3:30 Stretch & Be Fit	9:30 Exercise 10:10 Flower Arranging 11:00 Checkers Game 1:30 Group Puzzle Fun 2:30 Bracelet DIY 3:30 Stretch & Be Fit 4:10 Short Stories
Easter Day 9:30 Exercise 10:00 Jenga Game 11:00 Bingo 1:30 Word Scramble 2:30 King in the Corner 3:30 Stretch & Be Fit	9:30 Exercise 10:00 Guess the Song 11:00 7 Wonders of the World Documentary 1:30 Walking Club 2:30 Nail Art Fun 3:30 Stretch N' Be Fit	9:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Karaoke Fun 2:30 Letter Ball Fun 3:30 Stretch & Be Fit 4:10 Spring Flower Craft	9:30 Exercise 10:00 Baby Chick Art Craft 11:00 SB History Reading 1:30 King in the Corner 2:30 Tea Party Fun 3:30 Stretch & Be Fit 4:10 Bookmark Making	9:30 Exercise 10:10 Bingo 11:10 Blackjack Time 1:30 Nail Art Fun 2:00 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 Walking Club	9:30 Exercise 10:10 Paper Plate Craft 11:00 Scrapbook Fun 1:00 AG Store 2:00 Cycling w/ Dan 2:30 Earth Day Celebration 3:30 Stretch & Be Fit 4:10 Name 3 Things	9:30 Exercise 10:00 Flower Arranging 11:00 Word Scramble 1:30 Shakespeare Day 2:30 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 Show & Tell
9:30 Exercise 10:00 Chess & Checkers 11:00 Bingo 1:30 Jenga Game 2:30 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 Turtle Painting	9:30 Exercise 10:00 History Trivia 11:00 Bette Davis Documentary 1:30 Resident Interview 2:30 Penguin Art Day 3:30 Stretch & Be Fit 4:10 Name 3 Things	9:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 King in the Corner 2:30 Happy Hour & Soft Pretzel Day 3:30 Zumba Chair Fitness	9:30 Exercise 10:00 Tell A Story 11:00 Babe Ruth Reading 1:30 1940's Party 2:00 Carole McNeil Music 3:30 Stretch & Be Fit: Dance 4:10 Beachball Toss	9:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 International Astronomy Day 2:30 Art w/ Tonya 3:30 Stretch & Be Fit	9:30 Exercise 10:10 Daisy Flower Painting 11:10 Share A Memory 1:00 National Dance Day 2:00 Cycling w/ Dan 3:30 Chair Dance Fitness	9:30 Exercise 10:00 Flower Arranging 11:00 Bingo Time 1:30 Jazz Day 2:30 Cookie Decorating 3:30 Stretch & Be Fit 4:10 History Trivia

Alexander Gardens Assisted Living, 2120 Santa Barbara St.
 Santa Barbara CA 93105

Reminder: Snack & Drink are available each day in living room

Activities are subject to change

